



What is the Iowa Youth Congress?

When you participate in the Iowa Youth Congress, you have the opportunity to make your voice heard. To lead. To meet and discuss issues with state legislators. To see how government really works. To work with high school students from across Iowa. Join the Iowa Youth Congress and help change your community!

The Iowa schools with the highest minority population are invited to participate. 100 representatives and 100 alternates convene yearly in the Iowa House Chambers. They hold elections and propose, debate and pass three bills. Then a plan is created to present the bills to state lawmakers.

The Iowa Youth Congress reveals possibilities. It provides real experience in representative government and democracy. Take advantage of this chance to leave your mark!



Students participate in the 4th Annual Session in the Iowa House Chamber, November 2009.

Save the Dates!

Regional Meetings

Regional meetings will be held in October to prepare for the annual Iowa Youth Congress in November. These meetings will last from 9am-4pm and lunch is provided.

October 9, 2010: Western Iowa Regional Meeting (Iowa Western Tech Community College, Denison)

October 16, 2010: Eastern Iowa Regional Meeting (Kirkwood Community College, Cedar Rapids)

October 23, 2010: Des Moines and Central Iowa Regional Meeting (DMACC Urban Campus, Des Moines)

Annual Event

The 5th Annual Iowa Youth Congress Session will be held in the Iowa House Chamber in Des Moines on November 12-13, 2010.

November 12, 2010

8:30am-4:00pm: Iowa Youth Congress Session, Iowa House Chambers, Des Moines.

6:30pm-8:00pm: Dream Forward Dinner, Holiday Inn Downtown in Des Moines.

8:00pm-11:00pm: Dance, Holiday Inn Downtown, Des Moines.

November 13, 2010

9:00am-2:00pm: Planning Session in Des Moines

All meals and lodging are covered by the program!